

## Some Additional Spiritual Resources

### Available from St. Peter

- \* **DAILY MEDITATIONS** by Henri J. M. Nouwen  
Posted at [www.facebook.com/stpeterpdc](http://www.facebook.com/stpeterpdc)
- \* **DAILY DEVOTIONAL BOOKLETS** available in the Resource Area
  - "Christ in Our Home"
  - "Portals of Prayer"
- \* **FREE BOOKLETS & BOOKS**
  - \* **Leaning on Jesus** series by Rev. Time Wesemann
    - "Hope in Times of Change"
    - "Grieving with Hope"
    - "Facing Difficult Days with Hope"
  - \* **Trusting in Jesus** series by Rev. Tim Wesemann
    - "Praying with Hope"
- \* **CARE NOTES**
  - "On the First Anniversary of your Loss"
  - "Getting Through the Holidays When You've Lost a Loved One"
  - "Getting Through the First Weeks After the Funeral"
  - "12 Reflections for the First 12 Weeks of Grief"
  - "Finding Your Way After the Death of a Spouse"
  - "Giving Yourself Permission to Grieve"
  - "Grieving the Loss of Your Parent"
  - "Losing Your Mom"
  - "What Everyone Should Know about the First Year of Grief"
  - "Losing Someone Close"
  - "Cherishing Your Memories of a Loved One"
  - "Taking the Time You Need to Grieve Your Loss"
  - "Losing Your Dad"
  - "When Death Comes Unexpectedly"
  - "Losing Your Husband"
  - "Healing Your Body Mind and Spirit Together"
  - "Who Am I Now That I'm Divorced?"
  - "What To Say To Someone Who Has Cancer"
  - "When God Feels Far Away"
  - "A Quest for Meaning During Retirement"
  - "Five Things to Consider as You Prepare to Retire"
  - "Easing the Burden of Stress"
  - "Overcoming Everyday Anxiety"
  - "Mourning a Miscarriage"
- \* **JOURNEYING THROUGH GRIEF** by Kenneth C. Haugk  
(A set of four short books: "A Time to Grieve" & "Experiencing Grief" & "Finding Hope and Healing" & "Rebuilding and Remembering")
- \* **DON'T SING SONGS TO A HEAVY HEART** by Kenneth C. Haugk  
(How to relate to Those Who Are Suffering")